

# No borders, just friends!

Collège Sacré-Coeur de Lamballe (France)  
Istituto Comprensivo 4 Frosinone (Italy)



Noe and Andrea



Brienc and Marco Junior



Aaron and Marco Aurelio



Ethan, Gioia and  
Baptiste



Malo and Aurora



Lea and Emanuela



Louise and Marta



Antonin and Amire



Ambra, Charlotte and  
Stella Maria



Sasha and Sofia



Alyssa and Sophia



Emma and Roxane



Loti and Demitilla  
Lourdes



Zaira and Nina



Manon and Ambra



Antonin and Amire



Elisa and Noemi



Andrea and Martina

# Knowledge between countries

*A cultural exchange was organized between France and Italy, where some young people were able to get to know each other by doing activities together and visiting the most famous places in Bretagne.*



## **Saint Malo**

Saint-Malo is a history corsair harbour city located in the northwest of France. We visited the city of Saint-Malo, where we had a great time, with its monuments to visit and shops to shop in.

## **Saint Vincent Cathedral**

We visited the Saint-Malo Cathedral, dedicated to Saint Vincent. It is located in the heart of the city. It was restored after some damage suffered during the Second World War.



## **Fair party**

During our visit in Saint Malo, with the French family, we visited some attractions in the city.

# A WEEK END IN FRANCE

***Italian students came in France for a cultural exchange with school. During one week, Italian students were in french families.***



## **Saturday**

For the Saturday midday we had lunch at an Italian restaurant where we ate pizza.

After, we went to ice rink with the other friends for 2 hours .

In the evening we picked up Sophia and had dinner together.



## **Sunday**

Sunday morning we went to the beach with the family In the afternoon, we went to the bowling with the other friends, over there we played bingo. After that, we went to a restaurant where we had dinner. That was very funny.

# THE WEEK IN FRANCE



The week in france was very beautiful.

As soon as we arrived, the family seemed very nice to me. The best experience is the bowling because we were all together and the restaurant.

Marco prepared us a dish carbonara. It was GOOD !

Sunday we went to the sea with Noé and Andrea. We ate the churros.



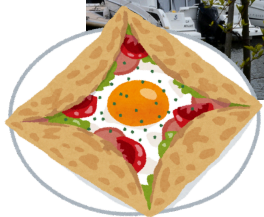
# VISIT BINIC WITH A NEW FRIEND

We went to the beach,  
there was a fantastic  
sea and there were a lot  
of shells. The little  
town was really amazing.



## COOL SOUVENIR

We went to a lot of of shops , where there  
were many  
souvenirs, we went to a shop where there  
were  
cute keychain and magnets.



## A NEW DISH

For dinner, we ate galettes  
and they were delicious and  
then we played SKYJO.



# THE WEEK IN FRANCE



***Together, we lived lots of beautiful things. In this article, we are going to tell you about our best adventures. We got to know each other on Friday, February 6th. During this week, we got to know each other better.***



## *Sunday afternoon at the bowling alley*

On Sunday, with other Italians, we met at the bowling alley around 15:30 to have a game. All together we had a lot of fun. We had a drink. After bowling we went for a walk in Binic and then we went to eat at a good restaurant named Bazaar hall.



## *recipe for making crêpes*

- 4 eggs
- 250 g of flour
- 80 cl of milk
- 1 spoon of rum

# SAINT-MALO

*On monday we went to Saint-Malo with all the french and the italian students and we're going to tell you about that day.*



## IN THE MORNING

We woke up at 7 a.m. and we had breakfast, than we got dressed and we went to school.

At school the teachers divided us in different classroom and we assisted the Spanish lesson. Than the teacher told us if we want to introduced ourselves to the other students and they asked us some questions.

At 10.45 a.m. we went by bus to Saint-Malo.



## IN THE AFTERNOON

At 1:30 we had lunch with a sandwich, chips and biscuits that the school gave us before.

After lunch we visited the city and the teachers gave us a « chasse au trésor » to do.

We had to did it in a group of four people and we was with Zaira and Nina.

When we finished we visited the city (especially the sea) all together and we did shopping for buy some souvenir or clothes.

At 5 p.m. we had a little snack with a crêpe or an ice cream and we returned by bus at school.

## IN THE EVENING

When we returned at home, we had a shower and then we watched a serie.

At 7 p.m. we cooked a cake and we started cooking dinner.

We cooked some meat with vegetables and when we finished we ate the pie.



# SUNDAY

***Me and my correspondent had a really fun sunday together. In the morning we visited Dinan and in the afternoon we went bowling with other students and in the evening we had a dinner with some of them.***



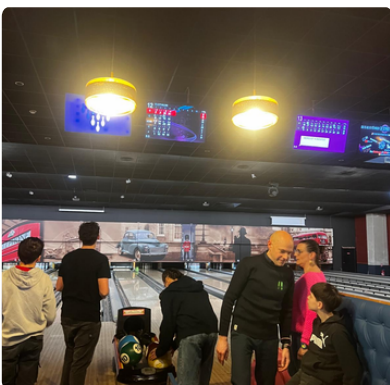
## IN THE MORNING

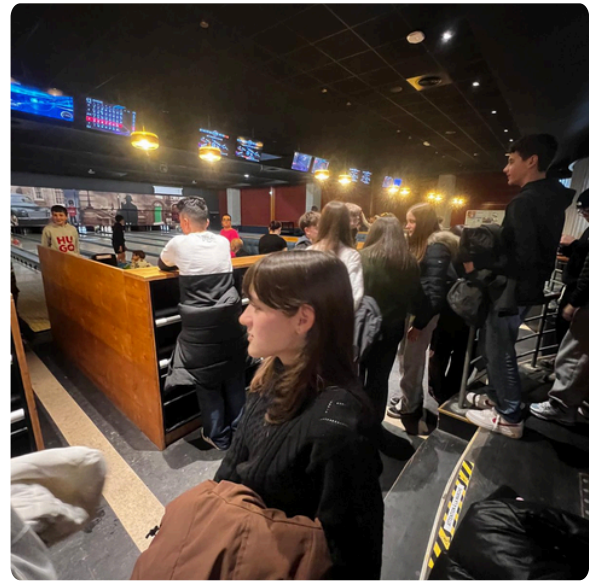
in the morning we woke up at 9 A.M and as we already said, we went to Dinan, we walked a lot and saw a lot of beautiful shops and even a river, we struggled a lot because of a long climb but we made it to the car and we went back home.



## IN THE AFTERNOON

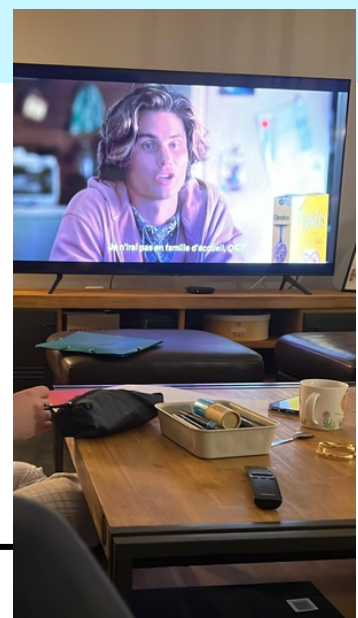
In the afternoon we had lunch at home and then we went to the bowling place with car. In the bowling we played for like an hour, Nina was very good but Zaira arrived last. Then the boys went to play biliards and we tried too.





### IN THE EVENING

After the bowling, we left the place and we went to a restaurant to have dinner together but we didn't sit next to each other, Zaira was with her Italian friends and Nina with her French ones. The food was good and we even had a dessert. We left the restaurant and they took us home; we took a shower and then we watched our banks together in the living room and we went to sleep.



Nina and Zaira

# A saturday with French people

In this newspaper page , we will talk about our saturday in France during our cultural exchange that takes place in february To take care of this newspaper page , we are three girls , two of us are italian and one french , we are called Teresa, Stella and Charlotte.



## Shopping in France

Our shopping in France took place on our saturday morning. We went to differents shops such as our (rituals) and (pinkee) we discovered new shops. We also noctued that the shops are different from those in Italy. They are arranged, they are very close to each other, some are outside, some are inside the building.

## skating

On saturday Charlotte's father took us at the skating rink.

Some of Charlotte's friends also came with us with their respective correspondantes. As soon as we arrived we showed our tickets and then we went to take off our shoes and put on our skates. When we first got on the rink it was very slippery, but gradually skating became easier and we had a lot of fun together.



### **Snack**

*After leaving the ice rink, we all went to the bakery together with Sasha, Alyssa, Manon, Sofia, Ambra, Sophia, Stella, Teresa and me. Then we had a snack and laughed together, it was really great.*

*During snack time we took lots of photos. We had fun repeated Italians words and our pen pals repeated french words . After finishing our snack ,we each returned to our families.*

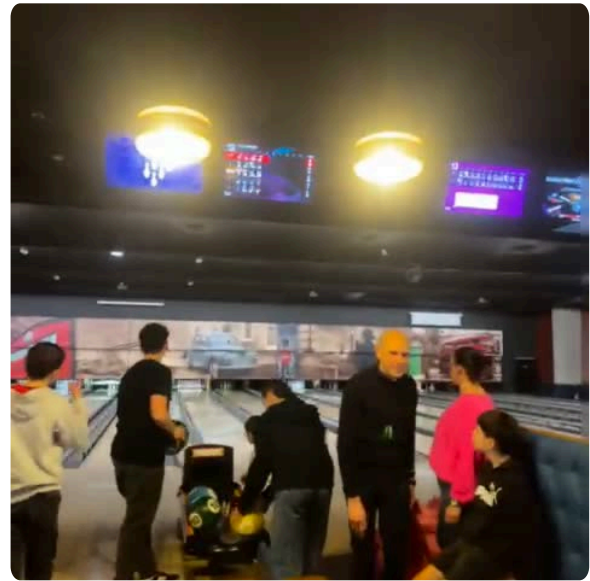


# Bowling time

**We went to the bowling on Saint-Brieuc, saturday afternoon, where the bowling center was.**

We waited there for a while before they gave us our seats, but they eventually split us in two groups to make us playing.

It was really fun and exciting, because we were playing all together and helping the ones that weren't good at it.



Then we played billiards, some of us weren't really good at it, but we still had a good time.

We stayed there for another hour or two before we had to get dinner.



The restaurant was pretty big and the food was really good, and we had fun.

# SOPHIA & ALYSSA

***On Saturday we went to the ice rink with the girls and then we went to the bakery to spend the afternoon.***



## **OUR SATURDAY IN FRANCE**

Saturday afternoon after the lunch, we went at a giant ice rink. It was wonderful, we rented skates and then went to the rink. We had a lot of fun.

## **THE FRENCH SNACK**

After skating since we were hungry we went to a bakery. We ate some chocolate bread and they were delicious.

THE ICE RING : On february 9 we went to the ice rink with perce like everyone else. Then we put on our skates and went out onto the ice. Afterwards, we left around 4 pm and went to the bakery to have our afternoon snack. And then we went back home. Once we arrived home, we went straight back to sleep at Louise's.

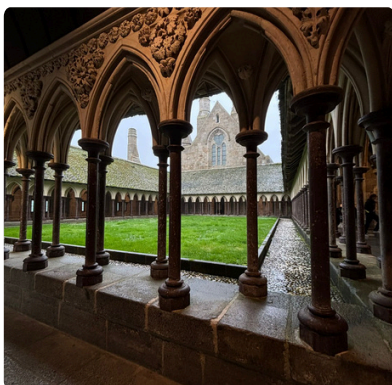
# Our week in France

From the 6th to the 12th of february, a group of italian students went to britain for Erasmus. During this week, they stayed at their Correspondant's houses.



On Monday; we went to Saint-Malo to do a tresure hunt around the city. After the games, we had some free time to go shopping or eat a crêpes.

It was a lot of fun, but unfortunatly it rained a lot, so when we went back home we were all wet.



## Le Mont-Saint-Michel

Tuesday we went to Le Mont-Saint-Michel to visit the monastery. It was really beautiful, and we had vocal guides. It was really high and the view from the top was great. We also learned about how the tide gets higher every hour and the monastery becomes and island.

# OUR ACTIVITIES

***On Saturday and Sunday, we went bowling and ice skating.***



## **Saturday 7th :SKATING**

On Saturday, February 7th, at 3 pm we went to the ice rink and skated for 2 hours.

Emanuela had never skated before; it was her first time. At first, she just fell, but in the end, she managed to skate again.

Lea had already skated, but it had been a long time.

## **Sunday 8th : BOWLING**

On Sunday, February 8th, we went to the Strike where we played bowling and billiards.

This was also a new experience for Emanuela; she had never played bowling before...

Lea had already played bowling but she's still terrible, she finished second to last.

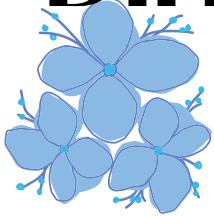
After the bowling game we went to watch a game of billiards

### **evening**

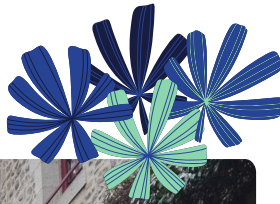
After leaving the Strike we went to dinner at a restaurant with other guys.



# A day in Dinan



***On saturday we went to Dinan. We ate traditional dishes and visited the museum in the turist office.***



In the morning we went to Dinan on old town with particular houses and we had kouing amann in a bakery, and we walked among the wonderful houses. We went to a restaurant and we had the traditional «galette» and «crêpes» with caramel, they were so good. We visited the Dinan castle, it's a beautiful castle and also we visited the cathedral of Saint-Pol-de-Léon.



# Cultural exchange

***The cultural exchange was in the town of Lamballe in Brittany. The exchange in France was since 6 of february to the 12 of february.***



## **In the morning**

On Saturday morning we had breakfast, we went to the supermarket and for lunch we ate a sandwich, because Noé had a hanball match with Brieuc. Unfortunately we lost.



## **In the evening**

After we went to Pleneuf Val André with Brieuc and Marco we went on the beach and we ate Chichi with Nutella, and we saw Marco Aurelio and Aaron.

After we came back to home with Marco and Brieuc and we played ball American.

After Aurora, Malo, Emma, Roxane, Brieuc, Marco came to Noé's house and we ate crepes and galette, that cooked Noé's and Brieuc's mom.

# Our saturday

On Saturday we went to Dinan and ate some typical place. After we visited the medieval city and went to the seaside.



## *Morning*

In the morning we got up at 9am and we had breakfast.

Then we got ready and went to Dinan.

It was very cold and raining so we went along the path that led to the clock tower



## *Lunch*

For lunch we went to a restaurant to eat typical place. We took "galette" for lunch, and for dessert we ate "crêpe".

# Pléneuf Val André

## A day at the beach

Pléneuf Val André is a popular beach in Côtes-d'Armor. It is famous for the many restaurants that are in the coast, and the very big casino.



### *The beach*

The beach is very large and long but it doesn't always look the exact same way in Winter is mostly low tide and in Summer. The water is clear.



### The casino

At the casino we had a drink and a crepe, but there was also a view of the games at the casino, we could play for adults but also have a snack on the terrace.



### The restaurants/Cafés

There are many restaurants and cafes in this town. We can have a snack outside or inside on a terrace. There are many choices such as ice cream, crepes, drinks, etc. There, my mother had two Americanos, my sister had a mint syrup and a sugar crepe, Marco had water with a Nutella crepe, and Aaron had a grenadine soda with a Nutella crepe as well.

